

**Are you
interested
in participating in a study
aimed at improving
medication management?**



What is the study about?

Whiddon, is collaborating with The University of Sydney, Monash University, myDNA and Choice Aged Care, to evaluate whether residents achieve better health outcomes if their medications are specifically prescribed, based on their individual genetics. We decided to join this study as we are

committed to continuously improving the clinical care of our residents.

Who can be involved?

Residents at Whiddon Redhead, Largs, Belmont and Kyogle are eligible to be involved. We will ask residents for consent to join the study, and for us to share de-identified information with our research partners, so that we can evaluate this approach.

Please note that **no** personal information will be identifiable to the researchers.

What is involved?

Participating residents would have their cheek swabbed by one of our team. This sample will be sent for genetic testing and an individual report with recommendations will go to the resident's pharmacist and GP, who may

use it to customise medication type and dose. We will also be conducting interviews to understand resident and staff opinions of this approach. The cheek swab would take less than 5 minutes and the interview about 15 minutes.



More information? All questions about the study can be directed to your Director of Care Services or you can contact Jennie Hewitt (Senior Manager Research and Positive Ageing) on j.hewitt@whiddon.com.au or 0475 792 867.



THE UNIVERSITY OF
SYDNEY



MONASH
University