



From the Director of Care Services

Dear Whiddon Beaudesert Resident Family,

Welcome to the July newsletter issue. Thank you to the lifestyle team who have put together the newsletter. Enjoy and take time to update yourself with current updates.

1. Management

We said farewell Ms. Deb Waters in early June. The Whiddon Beaudesert community appreciated Deb's time and service at the Home. Recruitment is underway for a new manager to take on the role permanently. I will continue to support the home until the new manager arrives and will continue to update everyone on the progress.

2. Covid Outbreak

Whiddon Beaudesert is now no longer on a Covid Outbreak. The recent outbreak ended on 7th June 2022. We continue to encourage everyone to continue to apply the Covid safe plans.

3. Internal Review and Gap Analysis

Earlier in May this year, the Whiddon Quality Team conducted a review of the home to identify Gaps within the quality systems of the home. This was more like a mock accreditation. The audit offered an opportunity to identify gaps as well as opportunities of improvement in the home.

The home has been working to resolve these and following on this process, there have been positive opportunities that are continuing to be introduced in the home. These affect all areas in the home as well as offering opportunities to further support and equip our staff. Some of the few key areas identified as gaps/opportunities for improvement are:

a) Recruitment of New staff

The Whiddon Beaudesert community has; like all other Aged care Homes in the country, felt the great impact that the Covid-19 pandemic has had on the workforce. The home has in recent months conducted a massive recruitment of staff and continues to do this. We are pleased that we can now see an increase interest in people wanting to work in aged care and we are pleased to welcome them to Whiddon Beaudesert.

b) Lifestyle activities and Engagement

With consultation and input of the residents, to review and add new activities for the home. To also review and re-introduce stimulating lifestyle and wellness programs for our Memory support House; Violet, to include activities on the weekend with dedicated teams to support this.

c) Care Plan Reviews and Case Conferences

The team have embarked on a process for reviewing residents care needs. This will consistently work in consultation with individual residents and/or their representatives. During these consultations, residents and/or the representatives are welcome to come in for a case conference or conduct a case conference over the phone in order to ensure that the care is thoroughly assessed and reviewed on a regular basis.

d) Other Gaps

The audit was not limited to the identified gaps above. There are more gaps and continues improvement opportunities that we are continuing to work on in order to ensure that the care given at the home remains positive.

4. Resident Survey results

Please find below the resident survey results from the resident survey carried out late last year. We apologize that the results took a long time to be published. Please find the results for Whiddon Beaudesert. As was discussed at the residents meeting in mid-June, actions plans are underway to resolve the areas with the lower percentages for this survey results as well as the resident representatives survey results that were also conducted at the same time. Results have also been advertised at the main entrance of the home.

	Survey Questions	Results		Survey Questions	Results
1.	Do you like the food here?	76%	11.	Are staff kind and caring?	96%
2.	Do you feel you have a choice over your meal selection?	71.74%	12.	Do you have a say over your daily activities? (E.g. when you get up, showered, etc.)	93%
3.	Do you feel safe here?	98%	13.	Are there enough things to do here that interest you during the week?	89.13%
4.	Is the home well run?	76%	14.	Are there enough things to do here at the weekend?	69.57%
5.	How easy is it for you to get the care you need?	91%	15.	Have staff been able to assist you with staying in touch with family and friends?	93.50%
6.	Do staff know what they are doing?	87%	16.	Does the Care Home stay in touch with your family/representatives so that they know how you are?	98%
7.	Are you encouraged to do as much as possible for yourself?	96%	17.	We know that there is no place like home, but are you happy here?	79.09%
8.	Do staff know you well?	94%	18.	How would you rate this care home?	78.26%
9.	Do staff treat you with respect?	98%	19.	How likely are you to recommend this service to family and friends?	-19
10.	Does management follow up when you raise things with them?				41%

5. Residents meeting

As was agreed at the June Residents meetings, the resident’s meetings will continue monthly on the third Thursday at 10.30am. Please see upcoming residents’ meetings dates.

21 st July	18 th August	15 th September	20 th October	17 th November	15 th December
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Thank you all for taking time to read the updates above. Please take time to enjoy the rest of the newsletter. Wishing you all the very best.

Beth K. (Interim DCS)

Our Cooking Club

Each month we cook and of course taste some recipes from our Whiddon resident cook book. This month we have cooked Simple Lamb Curry which was a tickle for the taste buds followed later in the month by Chocolate Chip Biscuits which were surprisingly delicious and tasted just as yummy as the picture looked!! Next month we have 4 recipes to cook which are Prawn Chow Mein, Sweet Apple Pie Bites, Coconut KauKau, and Cherry Ripe Slice so we will be super busy.



A Note from Our Laundry

Hello everyone,

This month the Laundry is celebrating its 3rd Birthday on Saturday the 16th of July which saves a lot of time as it previously used to be sent off site to be washed.

We have just had a large order of Linen come in but still awaiting on our towels, with the new Linen here we can ensure Quality and continuity for the weekends when the Laundry is closed.

We encourage all residents and families to come and visit the Laundry if there are any issues with washing or lost property.

Please remember if you are bringing in new items for your family or you receive a new item from family to please make sure it comes to the laundry to be labelled.

Thanks Julie

The Queens Platinum Jubilee High Tea

On Tuesday the 14th of June we celebrated the Queens Platinum Jubilee with a morning filled with High Tea, Hats Quizzes and a lot of laughs! It was a great way for our residents to reminisce about the Queen's Coronation. Here's our very own Brenda and Daphne enjoying morning tea.



June Trivia

June is named for Juno, Roman queen of the gods

Zodiac signs: **Gemini & Cancer**
Birthstone: **Moonstone or Pearl**
Flower: **Rose or Honeysuckle**

Quote of the Day

Try to be a rainbow in someone else's cloud.

– Maya Angelou

Fun in the sun



Ralf enjoyed some time out in the garden making the most of the beautiful sunshine after having such cool mornings.

Our lovely ladies Lorraine and Flo having a laugh and showing the value of friendships here at Whiddon. Below is our new resident Emilie feeling relaxed in the sun.



Upcoming Events

Cooking Club

Tuesday 5th and 19th of July 10:00am, Fern Wing

Lunch Outing to the Golf Club

Thursday 7th of July 10.30am -1.30pm

State of Origin Game #3

Wednesday 13th of July 7.30pm Jessamine Lounge

Resident's Meeting

Thursday 21st of July 10:30am, Jessamine Lounge

Concerts

Tuesday 12th and Monday the 18th and 25th July all at 10.00am, Jessamine

BBQ day

Wednesday 27th of July starting from 10.30am

Regular Events

Happy Hour every Friday 2pm

Anglican service 1st Monday and Catholic Service every 2nd Monday of the month 9.30am.

Hairdresser every Monday, Tuesday from 10.00am.

Bingo! Every Monday at 10am



Special Days

- 1st Canada Day
- 1st International Joke Day
- 4th Independence Day US
- 7th World Chocolate Day
- 14th Bastille Day (France)
- 24th Cowboy Day
- 30th Friendship Day

June / July Birthdays

In June and July, we celebrate birthdays with:

- **Jillian Campbell** 7th June
- **Pauline Bargaquast** 5th July
- **Valma McLean** 6th July
- **Mary Hielscher** 25th July



Princess Diana, 1st of July 1961
Olivia De Havilland, Actress, 1st July 1916
Tom Cruise, Actor, 3rd July 1962
Ringo Starr, Musician, 7th July 1940
Tom Hanks, Actor, 9th July 1956
Harrison Ford, Actor, 13th July 1942
Stanley Kubrick, 26th July 1928
Mick Jagger, 26th July 1943
Arnold Schwarzenegger, Actor, 30th July 1947

Cancer (June 21 – July 22)

Cancer personalities are very emotional and sensitive, and care deeply about matters of the family and their home.

Leo (July 23 – August 22)

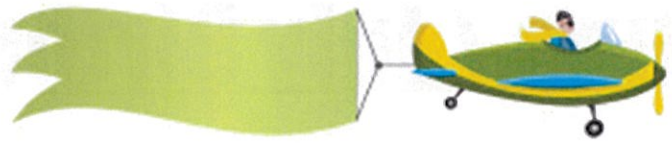
Leos are natural born leaders. They are able to achieve anything they commit to.

WOW!

The origins of the month of July

July was named in honor of Julius Caesar. Quintilis, which was his birth month, was renamed July when he died. Quintilis means “fifth month” in Latin, which represents where this month originally fell in the Roman calendar.

Noticeboard



NEW RESIDENTS

A very warm welcome to:

- **Mrs Daphne Rogers**
- **Mrs Emilie Ressel**
- **Mr John Barker**
- We hope that you enjoy your time here!

NEW STAFF

A warm welcome also to the staff that have joined our team this past few months.

- **Tony Kerr (Maintenance)**
- **Baljinder Kaur (AIN)**
- **Caitlyn Philp (AIN)**
- **Abigail Schulz (AIN)**
- **Selina Gani (AIN)**
- **Htoo Becker (RN)**
- **Michelle Stewart (Kitchen)**
- **Nikki Smith (Kitchen)**

We hope that you enjoy your time here!

CONTINUOUS IMPROVEMENT

Residents, families and friends are reminded that there are a number of avenues available for you to express your views, suggestions and complaints.

There are feedback forms available at Reception. We are happy to receive feedback at any time and strongly encourage everyone to contribute so that we can ensure that we continue to do the BEST we can.

CAN YOU CONTRIBUTE?

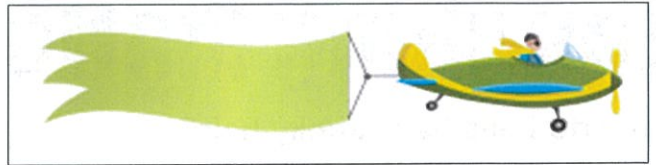
Contributions to our newsletter are encouraged and appreciated!

Articles, photos, reports on community outings, staff news, trivia, poems and amusing stories relating to residents and staff are most welcome.

Please hand in your submission to reception, or email us anytime.

Thank you!

Noticeboard



LIBRARY SERVICE

We have a mobile library service that delivers & picks up library books to resident's rooms. If you would like this service, please talk to a staff member.

THANK YOU

We would like to issue a heartfelt thanks to relatives and volunteers who support us day in and day out. You make such a difference and we so very much appreciate your time and energy.

HAIRDRESSER

We have a hairdresser who attends every Monday, Tuesday and every 2nd Wednesday. If you would like an appointment please talk to reception or ask a staff member to write your name down in the hairdressers book.

IN MEMORIAM

To the families and friends of our late residents—may you be comforted by the knowledge that your loved ones are at peace.

- Mr David Kleinschmidt
- Mr George Martin
- Mr Lindsay Yarnold
- Mrs Linda Reed

CULTURAL CELEBRATION

In the month of July we will celebrate Bastille day in which we will try different foods and arm chai travel to France.. Watch your calendar for related activities .

CONCERTS THIS MONTH

- Jonathan Barnes
- Lady Vivienne
- Mark Day
- Tom Moore

Laughing Matters



Why do bees have sticky hair?

Because they use honeycombs.

How do poets say hello?

Hey, haven't we metaphor?

What happened when grandpa insisted to everyone that the Titanic would sink?

He got kicked out of the theatre.

At a kid's party, the hired clown was late to arrive.

When he finally did arrive, he walked up to grandpa and asked, "Where are the kids, sir?"

Grandpa looked him straight in the eye and answered very seriously,

"That would be us. We grew up in the time it took for you to arrive."

Silence is golden until you have children.

Then silence is very suspicious.

Spotlight



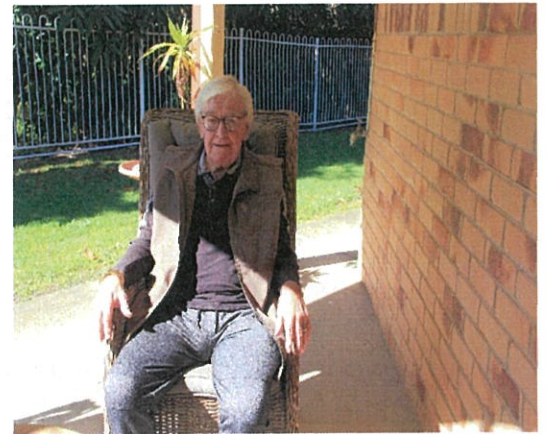
ROSANNA VIDONI

Hello everyone you may have seen me here at Whiddon Beaudesert my name is Rosanna. I'm known to one of the residents here as Bluey. I love working here at the facility as an Assistant in Nursing, I also enjoy my role in helping the ladies out in Lifestyle and Leisure. I have been working in my role now for just over 6 years. I enjoy dancing, listening to music and going to the movies.

Spotlight JOHN NOBLE

Spotlight – John Noble

John moved into Whiddon on Dec 31 2021 just in time for a new year. He started out in Lower Rainbow and now calls Fern wing his home. Prior to moving to Whiddon, John had lived in a variety of places starting with Tasmania where he was the former National President of the Australia Hotels Association. He then moved to Victoria following his youngest son David's AFL career which took him to Adelaide and finally Tamborine in Qld. His son now coaches the NTH Melbourne Kangaroos so you will often find John watching AFL on TV .John enjoys playing cards, having a social beer and loves to have a chat. When asked what he likes most about being here at Whiddon, he replied "The Staff here are so friendly and helpful it's great".



Chefs Corner message from Matt

Hi everyone

Just wanted to keep you all informed about things happening in the kitchen. We will now be having our regular foodies meetings twice per month instead of the once, this will give you all a chance to bring things up while its fresh on your mind and for us to be able to implement changes a lot quicker for you all.

My goal for the kitchen moving forward is to focus more on resident choices and adjust the menus accordingly. As you will notice in the coming months the kitchen will be working closely with the lifestyle team to run and achieve a fantastic Whiddon cooking Club. There will be new things to try and we mustn't forget some of the good old favorites!!

If you see me around don't forget to say hi and stop to give me some tips and pointers for cooking your favorite meals!!

Thanks

More Laughing Matters

The Engagement

A young woman brings her fiancé to dinner with her parents. After dinner, her mother tells her father to find out about the young man. The father invites the young man to his study for a drink.

“So what are your plans?” the father asks the young man. “I am a religious scholar,” he replies.

“A religious scholar. Hmm,” the father says. “Admirable, but what will you do to provide a nice house for my daughter to live in as she’s accustomed to?”

“I will study,” the young man replies. “And God will provide for us.”

“And how will you buy her a beautiful engagement ring such as she deserves?” asks the father.

“I will concentrate on my studies,” the young man replies. “And God will provide for us.”

“And children?” asks the father. “How will you support children?”

“Don’t worry, sir, God will provide,” replies the fiancée.

The conversation proceeds like this, and each time the father questions, the young idealist insists that God will provide.

Later, the mother asks: “How did it go, honey?”

The father answers: “He has no job and no plans, but the good news is he thinks I’m God.”

Do you know what to do in case a **Fire alarms** go off:

Points to remember?

- **Keep Calm.** Try not to Panic.
- Do not try and evacuate on your own.
- Wait for staff to direct you and assist you.
- Do not try to go back and gather your belongings.
- Keep calm and wait for the Fire Brigade to direct us.



**Following on recent events, some residents have suggested to have Fire Drills from time to time.*

This will be discussed in the upcoming residents meeting. See you there.

Word Search

FRENCH WORDS & EXPRESSIONS



A E M P J G V R E N D E Z V O U S
 K U L A E D R A G T N A V A F I M
 F U P L R C E P Q J N K Z G N W N
 M V E A E D A G J Y Z A C I H C N
 S A Z I I V I R A E R U T U O C K

I T T E D R U G T Y F A R U H M B
 L N M I L A Z O R E O A G V B U U
 E E T V N G B V N A B V U Q F E T
 D V Q R U E U Q E X S L B X X H D
 R U S O U V E N I R N B A W B S J
 U A E A U C U L D E S A C N O W H
 E L W J O I E D E V I V R E C D M

L O H D G K W F I T I R E P A H F
 F V L E N I S I U C H B M K X R E
 K C E S T L A V I E Q J W X Q G O
 Y E U C R E M E F R A I C H E W C
 I X A H K E G A T E L L O C E D W

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|--------------|---------------|---------------|-------------|
| Chic | Couture | Mardi gras | Adieu |
| Vol au vent | Au pair | Joie de vivre | Rendezvous |
| Fleur-de-lis | Souvenir | Voyage | Debutante |
| Decolletage | Creme fraiche | Carte blanche | Faux |
| Moi | C'est la vie | Aperitif | Avant Garde |
| Nouvelle | Matinee | Cuisine | Cul de sac |